

Frequently Asked Questions

Q. Who is qualified to apply the Viso Peel Facial Treatment?

- A. You should have completed your NVQ in Beauty Therapy and will have an understanding of advanced skin care protocols.

Q. How often can my client receive a Viso Peel treatment?

- A. Twice a week for 4 weeks on normal/combination skin types, or once a week for 4 weeks on dry skin types. Then once a month for maintenance.

Q. How do I store my products?

- A. Keep in a cool/normal temperature avoiding extreme heats. Also make sure lids are properly secure.

Q. Are there any side effects following a Viso Peel treatment?

- A. Your client may experience some mild redness after treatment, which will subside after a few hours. Avoid touching or applying cosmetics for 12 hours following treatment.

Q. When will my client start to see results?

- A. After one treatment, your client will instantly look brighter, but may take up to 4 treatments to see an improvement of blocked pores and melt the sebum that has already formed under the skin. Maintenance treatments every 4 weeks will help prevent blemishes returning.

Q. What should I do if I get product in my clients eyes?

- A. Stop the treatment, remove the product and flush clients eyes with an eye wash pod or eye bath, then ask client to open and close (blink) their eyes rapidly. If still stinging, repeat flush until it stops.

Q. How can I alleviate discomfort for a client who is experiencing excessive tingling during step 2 peel solution and step 3 post-peel gel?

- A. Use your fingertips to perform light tapotement movements across the face, neck and décolletage. This will confuse the clients nerve endings and cause a distraction until the tingling sensation subsides.

Q. Why does my client's pigmentation appear darker, not lighter, after receiving a number of Viso Peel treatments?

- A. Viso Peel is a treatment designed to accelerate cell turnover. Any existing areas of pigmentation will be pulled to the surface of the skin at a faster rate. The pigmentation will temporarily appear darker before the skin cells shed during the cell turnover process. Advise clients to wear sunscreen SPF 30 or above and avoid sun exposure as part of the aftercare advice.

Q. How should I adapt my Viso Peel treatment for a client who has localised and specific areas of concern on their skin?

- A. Apply 2: Peel Solution to the areas of concern first, then proceed to apply the remaining areas of the face, neck and décolletage. This method of application will ensure that areas of concern receive longer contact with the active ingredients, providing more effective results from a course of treatments

STRICTLY
PROFESSIONAL

SP
viso peel



STRICTLY
PROFESSIONAL

SP
viso peel

What is a Viso Peel Facial Treatment?

A professional skin resurfacing treatment comprising of AHA's and BHA's to provide outstanding results, helping to reduce the appearance of fine lines, sun damage, acne and skin congestion.

A skin tingling experience that exfoliates to the deepest layers. Skin will never have looked as clear, de-congested and bright.

Glycolic acid facials are a popular type of chemical peel used to improve the appearance and texture of the skin.

Here's how they work:

Exfoliation

Glycolic acid is an alpha hydroxy acid (AHA) derived from sugar cane. It works by breaking down the bonds between dead skin cells on the surface of the skin, promoting exfoliation. This helps to remove the outer layer of dead skin cells, revealing fresher, smoother skin underneath.

Stimulation of Cell Turnover

By removing the outer layer of dead skin cells, glycolic acid stimulates the skin's natural cell renewal process. This can help to reduce the appearance of fine lines, wrinkles, and uneven skin tone.

Unclogging Pores

Salicylic acid is a beta hydroxy acid (BHA), which is in at 1% can penetrate the pores and help to dissolve the buildup of oil, dirt, and dead skin cells that can lead to acne and blackheads. This makes it effective for treating acne-prone skin.

Hydration

Despite being an exfoliant, glycolic acid also has hydrating properties. It helps to attract moisture to the skin, improving hydration and making the skin look plumper and more radiant.

Collagen Production

Over time, glycolic acid can stimulate collagen production in the deeper layers of the skin. Collagen is a protein that helps to maintain the skin's structure and elasticity, leading to a firmer, more youthful-looking skin.

Treatment Process (step by step)

Prior to the treatment a client consultation should be carried out to assess the clients requirements and contra indications checked.

Prepare the clients skin for the Visopeel facial treatment with a thorough Cleanse and Tone using products to suit the clients individual skin type. Followed by:

Step 1: Pre-Peel Solution

- Soak two dry cotton pads with 1: Pre-Peel Solution and apply like a toner.
- This may start to tingle due to the 1.4% of glycolic.
- Do not remove the solution from the skin.



Step 2: Peel Solution

- Apply 8 pumps of 2: Peel Solution using a mask brush over the face, neck and décolletage. The moment the product is on the skin is when the timing should begin.
- Apply tapotement movements using your fingertips to sedate the nerve endings all over the skin.
- **Treatment timings** – Treatment one 6 minutes, Treatment two 8 Minutes, Treatment three 10 minutes, Treatment four 12 minutes.



Step 3: Post-Peel Solution

- After 2: Peel Solution has been on for the full time apply 3: Visopeel Post-peel Gel over the top using a mask brush (do not remove the peel solution) for the same amount of time ensuring all the tingling has subsided.
- Remove the product by applying lukewarm towelling mitts to the skin.
- Ensure all product has been removed and that the client's skin feels comfortable.



Step 4: Skin Softening Mask

- Apply a thin layer of 4: Skin Softening Mask using your fingertips to the client's face, neck and décolleté. Leave on the skin for 15 minutes, covering the client's eyes with damp cotton wool to enable deep state of relaxation. Remove the mask with warm towelling mitts.
- Apply a light layer of Strictly Professional moisturiser over the face, neck and décolletage to complete the treatment.



After treatment, your client should be advised of the following:

- Avoid heat treatments for up to 24 hours before and after treatment, including whirlpool spas, saunas, steam rooms, sunbeds and sunbathing.
- Do NOT apply any perfumed or make up products to the area for 24 hours after treatment.
- Do NOT use any alcohol based products on the skin.
- Recommended to use a sunscreen SPF 30 or above after receiving a Visopeel treatment.

Product Features and Benefits

Developed in collaboration with therapists who have extensive expertise in skincare, chemical peels and treatments, the Visopeel range offers performance-led formulations combined with a simple, no-nonsense treatment routine that delivers clear, visible results.

To provide a Visopeel facial, you should have completed an NVQ in Beauty Therapy and have an understanding of advanced skincare protocols.

Benefits:

- Improved skin texture and tone
- Reduction in the appearance of fine lines and wrinkles
- Clearer, more radiant skin
- Reduced acne and blackheads
- Enhanced absorption of other skincare products

1: Pre-Peel Solution

The pre-peel solution is a water- and alcohol-based solution that prepares the skin for the glycolic peel by removing the hydrophilic film from the skin's surface. This allows the glycolic acid in the treatment to penetrate effectively, leaving the skin clear and ready for the absorption of Step 2.



2: Peel Solution

The 25% glycolic peel solution penetrates the skin and exfoliates dead skin cells to help stimulate new cell generation. As one of the most powerful and effective alpha hydroxy acids, glycolic acid supports a brighter, smoother and more youthful-looking complexion.

Calmosensine: Derived from a peptide naturally present in the body, it helps desensitise the skin and reduce the risk of irritation throughout the treatment.



3: Post-Peel Solution

The post-peel gel neutralises the treatment and helps restore the skin's essential pH balance.

Soyenna: Contains trace elements that help bind water to the skin's surface and maintain good hydration levels in the superficial layers of the epidermis.

Allantoin: Improves the skin's moisture retention, helps minimise the visible signs of ageing and skin damage, and acts as an effective anti-irritant.



4: Skin Softening Mask

The post-treatment hydrating mask contains mallow flower to help soothe the skin and reduce inflammation.

Mallow Flower: Helps soothe the skin and reduce inflammation.

Aloe Vera: Has a calming and soothing effect on the skin.

